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## **ABSTRACT OF THE DISCLOSURE**

A sanitary napkin has a strip that extends rearwardly to reside in the intergluteal crevice. The pad is sized and configured to fit snugly against the wearer's body without penetrating the vaginal orifice. The strip provides improved body contact thus providing similar protection with a smaller pad and a discretion benefit to the user. The invention provides various alternative mechanisms for varying the length of the strip by the user.